



*Deliciously Vintage*  
**BAKING & DESSERTS**

60 nostalgic recipes that will make  
you feel like a kid again

*Victoria Glass*

Photography by  
Isobel Wield



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RYLAND PETERS & SMALL  
LONDON • NEW YORK





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First published as *Deliciously  
Vintage* in 2014

This revised edition published in  
2023 by  
Ryland Peters & Small  
20–21 Jockey's Fields, London  
WC1R 4BW  
and  
341 E 116th St  
New York NY 10029  
www.rylandpeters.com  
10 9 8 7 6 5 4 3 2 1

Text © Victoria Glass 2014/2023  
Design and photographs  
© Ryland Peters & Small  
2014/2023

Printed in China.

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ISBN: 978-1-78879-502-9

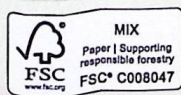
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available from the British Library.  
US Library of Congress  
cataloging-in-Publication Data  
has been applied for.

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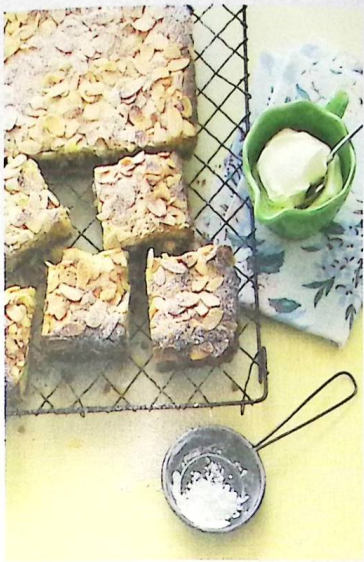
• When a recipe calls for  
clingfilm/plastic wrap, you  
can substitute for beeswax

wraps, silicone stretch lids or  
compostable baking paper for  
greater sustainability.

- All spoon measurements are  
level unless otherwise specified.
- All eggs are medium (UK)  
or large (US), unless specified  
as large, in which case US  
extra-large should be used.  
Uncooked or partially cooked  
eggs should not be served to the  
very old, frail, young children,  
pregnant women or those with  
compromised immune systems.
- When a recipe calls for the  
grated zest of citrus fruit, buy  
unwaxed fruit and wash well  
before using. If you can only find  
treated fruit, scrub well in warm  
soapy water before using.
- When a recipe calls for full-fat  
cream cheese, it should be white,  
creamy smooth and have at least  
24 per cent fat content, such as  
Kraft Philadelphia.
- Ovens should be preheated  
to the specified temperatures. If  
using a fan-assisted oven, adjust  
temperatures according to the  
manufacturer's instructions.
- To sterilize preserving jars, wash  
them in hot, soapy water and  
rinse in boiling water. Place in  
a large saucepan and cover with  
hot water. With the saucepan lid  
on, bring the water to a boil and  
continue boiling for 15 minutes.  
Turn off the heat and leave the  
jars in the hot water until just  
before they are to be filled.  
Invert the jars onto a clean dish  
towel to dry. Sterilize the lids  
for 5 minutes, by boiling or  
according to the manufacturer's  
instructions. Jars should be filled  
and sealed while they are still hot.







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